User Instructions

EZ-Angle™ Tether Strap

Assembly
(only necessary if the tether strap is not pre-assembled.)

- Remove the pre-assembled clip from the strap loop. Hold the tether strap with markers facing up and insert the strap loop through the FRONT of the designated loop on the A-Frame.
- Without pulling the strap entirely through the loop, insert the strap loop through the bottom opening of the buckle, and then again through the top opening.
- Continue pulling on the tip of the strap loop until fitted snugly around the A-Frame crossbar.
- Slide the buckle so that your desired colored marker shows through the center of the buckle.
- Hook the clip to the strap loop and secure at the base of the table bed.

Easy-to-Use

Slide the buckle to the...

- Green marker for inversion to a gentle 20°.
- Orange marker for inversion to a moderate 40°.
- Red marker for inversion to a more advanced 60°.
- OR remove the tether strap entirely for full inversion, stretching and exercise!